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Short Communication



Kawasaki Disease, Multisystem Inflammatory Syndrome in Children: Antibody-Induced Mast Cell Activation Hypothesis

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Article Info

Abstract

Article Notes

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Keywords: Multisystem Inflammatory Syndrome in Children MIS-C Kawasaki Disease Mast Cells Histamine Mast Cell Activation Syndrome MCAS Aneurysm

Multisystem Inflammatory Syndrome in Children (MIS-C) is appearing in infants, children, and young adults in association with COVID-19 (coronavirus disease 2019) infections of SARS-CoV-2. Kawasaki Disease (KD) is one of the most common vasculitides of childhood. KD presents with similar symptoms to MIS-C especially in severe forms such as Kawasaki Disease Shock Syndrome (KDSS). The observed symptoms for MIS-C and KD are consistent with Mast Cell Activation Syndrome (MCAS) characterized by inflammatory molecules released from activated mast cells. Based on the associations of KD with multiple viral and bacterial pathogens, we put forward the hypothesis that KD and MIS-C result from antibody activation of mast cells by Fc receptorbound pathogen antibodies causing a hyperinflammatory response upon second pathogen exposure. Within this hypothesis, MIS-C may be atypical KD or a KD-like disease associated with SARS-CoV-2. We extend the mast cell hypothesis that increased histamine levels are inducing contraction of effector cells with impeded blood flow through cardiac capillaries. In some patients, pressure from impeded blood flow, within cardiac capillaries, may result in increased coronary artery blood pressure leading to aneurysms, a well-known complication in KD.

Multisystem Inflammatory Syndrome in Children (MIS-C, previously designated as Pediatric Multisystem Inflammatory Syndrome - PMIS) is appearing in infants, children, and young adults in association with COVID-19 (coronavirus disease 2019) infections¹⁻¹¹. Kawasaki Disease (KD, previously called mucocutaneous lymph node syndrome) is one of the most common vasculitides of childhood¹². KD presents with similar symptoms to MIS-C especially in severe forms such as Kawasaki Disease Shock Syndrome (KDSS). The cause of KD is currently unknown; KD has features similar to those associated with a viral infection. The leading hypothesis is that a ubiquitous infectious agent can induce KD in a genetically susceptible patient¹³. This hypothesis is supported by the presence of IgA plasma cells identified in inflamed tissues and coronary arteries of KD patients¹⁴. Associations between KD and multiple pathogens have been reported, including adenovirus^{15,16}, human bocavirus¹⁷, coronavirus¹⁶, human coronavirus 229E¹⁸, (HCoV-NH) NL63¹⁹, human coronavirus cytomegalovirus²⁰, dengue^{21,22}, enterovirus^{16,23}, Epstein–Barr virus²⁴, human herpesvirus 6²⁵, human lymphotropic virus²⁶, human rhinovirus¹⁶, influenza²⁷, measles²⁸, parvovirus B19^{29,30}, parainfluenza virus type 2³¹, respiratory syncytial virus (RSV)³², rotavirus³³, varicella zoster (chicken pox)^{34,35}, torque teno virus³⁶, Staphylococcus aureus³⁷, and Streptococcus^{24,38}. Postinfluenza vaccination KD has also been

reported³⁹. The seasonality and temporal clustering of KD^{32,40} further support an infectious etiology. A mild cold may precede the onset of KD and up to one-third of patients have concurrent, confirmed infections at the time of KD diagnosis⁴¹. The aggregate of these pathogen associations with KD supports the rejection of the hypothesis that KD is caused by a single infectious agent. The alternative hypothesis is that KD is associated with multiple infectious agents. We hypothesize that MIS-C may be atypical KD or a KD-like disease associated with SARS-CoV-2⁴² as a result of antibody-dependent enhancement activation of mast cells. We further hypothesize that KD and MIS-C may be induced in part by histamine and other inflammatory molecules

released from activation of mast cells by Fc receptor-bound pathogen antibodies resulting in a hyperinflammatory response.

The diagnosis of classic KD is based on the presence of fever lasting five days or longer together with at least four of five additional clinical findings: bilateral conjunctivitis, oral mucosal changes, cervical lymphadenopathy, extremity changes, and a polymorphous rash. However, not all patients present with this complete clinical picture. Atypical KD occurs in patients with fever lasting five days or longer with two or three of the previously mentioned clinical features. MIS-C symptoms demonstrate remarkable overlap (Table 1) and patients can meet criteria for atypical

Table 1. Similarities between MIS-C, KD	. and KDSS (a subtype of KD)
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	KD	KDSS	MIS-C
Demographics	<5 years (80%), (Asian)	3 years (mean), (Asian, Hispanic)	infant ¹ -25 ⁵⁰ years (mean)
Symptoms	 Fever^a + 1. cervical lymphadenopathy 2. exanthematous polymorphous rash 3. extremity changes (initial presentation is redness and edema followed in 1-2 weeks by desquamation of hands and feet) 4. bilateral nonsuppurative conjunctivitis 5. oral mucosal changes (strawberry tongue) 	 Fever^a + cervical lymphadenopathy exanthematous polymorphous rash extremity changes (desquamation of hands and feet) bilateral nonsuppurative conjunc- tivitis oral mucosal changes (strawberry tongue) neurologic alterations abdominal pain diarrhea vomiting shock 	 Prolonged fever swollen lymph nodes (lymphade- nopathy) rash (variable) extremity changes (peripheral edema) red or pink eyes irritability/sluggishness abdominal pain diarrhea vomiting shock
Cardiac	Coronary artery abnormalities (dilation, aneurysm)	Coronary aneurysms (66%), valvular involvement, pericardial effusion ⁴⁴	Moderate to very severe myocardial in- volvement, coronary artery aneurysms ^c , pericardial effusion, arrhythmia
Labs	Elevated C-Reactive Protein (CRP) (8.2 mg/dL average) ⁵¹ , Thrombocytosis Elevated AST/ALT	Elevated CRP >7 mg/dL (92%)44 Albumin <3.5 g/dL	Impressively high CRP >16.9 ⁵² Thrombocytopenia Elevated AST/ALT
	Leukocytosis/neutrophilia	Thrombocytosis ^c	Neutrophilia
	Anemia Elevated NT-proBP (N-terminal pro	Elevated Aspartate Aminotransferase (AST)/Alanine Aminotransferase (ALT)	Lymphocytopenia Anemia
	b-type Natriuretic Peptide) Elevated troponin (in up to 1/3 rd of acute	Leukocytosis/neutrophilia	Elevated NT-proBNP
	KD) ⁵¹	Anemia	Elevated troponin
	Pyuria	Elevated bilirubin	Hypoalbuminemia
			Elevated D-dimer /ferritin/triglycerides
Treatment	IVIG (intravenous gamma globulin), aspirin, corticosteroids	IVIG ^d , corticosteroids, aspirin	IVIG, aspirin, corticosteroids

^a5 consecutive days without identifiable source

 $^{\mathrm{b}}\mathrm{MIS}\text{-}\mathrm{C}$ patients with coronary abnormalities may have had KD and were misclassified

^cin one study, 54% of patients presented with thrombocytopenia

^dHigher incidence of IVIG resistance

KD⁴³. Accurate diagnosis is also complicated by difficulties distinguishing early KD symptoms from any common skin rash. As KD progresses, complications such as coronary artery aneurysms, heart failure, myocardial infarction, arrhythmias, and peripheral arterial occlusions may develop and lead to significant morbidity and mortality. KDSS is a complication of KD resulting in shock and hypotension. KDSS can present with multi-organ dysfunction and is associated with more severe inflammatory markers and coronary artery abnormalities⁴⁴ similar to the clinical presentation of MIS-C. The observed symptoms for MIS-C and KD are consistent with Mast Cell Activation Syndrome (MCAS) characterized by inflammatory molecules released from activated mast cells. Pathogen binding to antibodies already attached to Fc receptors can activate mast cells, leading to the release of histamine and other compounds. Elevated histamine levels can lead to smooth muscle cell contraction in various organs, vasodilation, increased vascular permeability, and increased gastric acid section. This would result in clinical findings such as tachycardia, hypotension, erythema, edema, arrhythmias, urticaria, and diarrhea. Histamine also causes contractions of endothelial and pericyte cells⁴⁵ resulting in impeded blood flow through capillaries; this is well characterized for cerebral blow flow following ischemic events⁴⁶; we illustrate with available COVID Digital Pathology Repository⁴⁷ examples from putative COVID-19 patients (Figure 1). We hypothesize

that both COVID-19 patients and MIS-C patients may have the same impeded blood flow through capillaries likely due to increased histamine levels. Impeded blood flow in capillaries is likely the cause of myocarditis, valvulitis, necrotizing microvasculitis, edema of hands and feet, etc. In some patients, pressure from impeded blood flow within cardiac capillaries may result in increased coronary artery blood pressure leading to aneurysms, a well-known complication in KD (Figure 1). We hypothesize that KD and MIS-C coronary artery aneurysms are initiated with a pathologic dilation injury caused by increased pressure in the artery; the injured cells use damage-associated molecular patterns (DAMPs) signaling that initiates the inflammation at the site of injury. In this model, inflammation is a secondary event not the primary event leading to aneurysms. This inflammation is a feedforward process contributing to further weakening of the arterial wall. Of all arteries, the coronary artery has the shortest distance to downstream capillaries. Hypertension has been implicated in the pathogenesis of arterial aneurysms^{48,49}.

Pediatric patients with first COVID-19 infection generally have less severe clinical manifestations than adult patients⁵³. The COVID-19 asymptomatic infection rate has been estimated in adults to be 46%⁵⁴ and 46% in children in Hubei, China⁵⁵. The COVID-19 outbreak in New York started mid-March, 2020. Children with MIS-C symptoms similar to KD associated with COVID-19

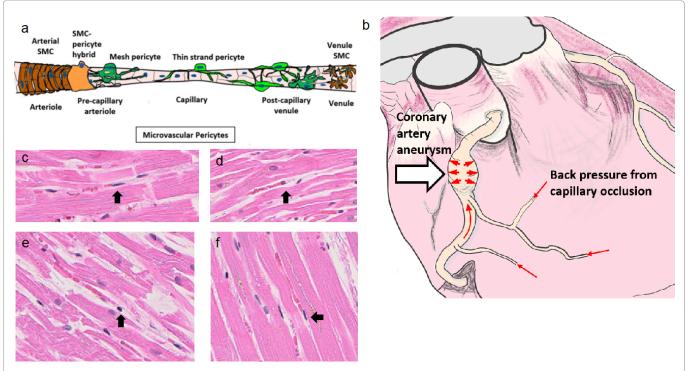


Figure 1: Back pressure model for coronary artery aneurysms from intra-myocardial capillary pericyte clamping post histamine stimulation. (a) Model of microvascular region for pericyte cell occlusion (b) coronary artery aneurysm caused by increased pressure from capillaries with impeded blood flow, (c-f) COVID Digital Pathology Repository putative COVID-19⁴⁷ patients' heart H&E tissues with contracted effector cells (black arrows) (c) patient 9, (d) patient 6, (e) patient 8, and (f) patient 7. infections have been reported since late April, 2020⁵⁶ suggesting that MIS-C manifests more than one month after the peak of COVID-19 cases in an affected area⁵⁷. The number of affected children is rising rapidly; within weeks of the publication of COVID-19 related MIS-C cases², 93 children were diagnosed with up to five deaths in New York. As of May 29th, 186 cases have been identified⁵⁸. With an observed New York population infection rate of roughly 1.7% (337,055 infected⁵⁹ of 19,450,000 population), the timing is consistent with a possible second wave of pediatric SARS-CoV-2 infections (1.7% x 1.7% of 1.7 million New York children, or 491 possible second infections in New York children). With a rate of 306 cases per 100,000 under age 18 adjusted to 567 for asymptomatic children, the 1.7% infection rate of 1.7 million New York children predicts 169 possible second infections. The 186 cases identified by May 29th represents between 110% of the lower estimate of 169 infections to 38% of the 491 that would be predicted in the second wave of infections. This second wave hypothesis is consistent with the lack of MIS-C patients in China and elsewhere that contained outbreaks in their regions consequently avoiding or minimizing the second wave of infections. With more than 250 cases of MIS-C reported in the United States by May 21, 2020⁶⁰, MIS-C may reflect a subset of children initially infected with SARS-CoV-2 who sustained a subsequent exposure to the virus. MIS-C may be a manifestation of a delayed trigger from the antibody-dependent disease. Without an effective vaccine for COVID-19, the first exposure to COVID-19 may result in asymptomatic to mild disease for most children accompanied by risk for MIS-C/KD upon subsequent infection. Ricke and Malone⁶¹ predict antibody-dependent enhancement disease risks associated with COVID-19 based on disease enhancements from animal model vaccine studies of severe acute respiratory syndrome, Middle East respiratory syndrome, and other coronaviruses. Extending this hypothesis to these children predicts that this postinfectious inflammatory process (MIS-C or KD) could be a direct result of antibody-dependent enhancement (ADE) of disease for children previously infected with SARS-CoV-2 or primary infected infants with either transplacental transferred antibodies (matAbs) or SARS-CoV-2 antibodies from breast milk. Children diagnosed with a postinfectious inflammatory process (MIS-C or KD) frequently test negative on PCR for SARS-CoV-2¹, however, they test positive for antibodies of SARS-CoV-2^{52,57} suggesting antibodies are required for disease manifestation.

The symptoms of MIS-C and KD are consistent with the activation of mast cells via antibodies as seen in Mast Cell Activation Syndromes (MCAS). We hypothesize that SARS-2 antibodies created after first infection bind mast cells, triggering histamine release. These antibodies may be recognizing low levels of SARS-CoV-2 from a re-emergent

infection or a possible second exposure. Mast cell released histamine stimulates pericytes or effector cells causing capillary constriction, notably in cardiac tissue. The MIS-C/ KD symptoms of diarrhea and vomiting may be attributed to increased histamine levels and/or SARS-CoV-2 gastrointestinal infection akin to symptoms seen for the severe acute respiratory syndrome. Current KD and MIS-C treatments include intravenous gamma globulin (IVIG), corticosteroids, and high-dose aspirin⁶². IVIG can decrease, but not eliminate, this risk of developing coronary artery aneurysms. Corticosteroids as adjunctive therapy to IVIG may be helpful for lowering the risk of coronary artery aneurysms⁶². We hypothesize that IVIG dilutes the current infection pathogen antibodies bound to mast cells, reducing the level of mast cell activation. High doses of aspirin may help treat inflammation; aspirin can also decrease pain and reduce fever. While not appreciated for treating KD, aspirin is a known mast cell stabilizer. This ADE model for MIS-C and COVID-19 emphasizes the importance of developing safe T-cell vaccines and increases the importance of safety testing for any B-cell vaccines being developed. In addition to IVIG, famotidine⁶³, famotidine+cetirizine⁶⁴, montelukast⁶⁵ and other potential treatments have been identified by Malone et al.66 to reduce the degranulation of mast cells. We suggest children presenting with evidence of MIS-C/KD should also be tested for antibodies for SARS-CoV-2 as PCR testing is frequently negative.

Conclusion

We must be cautious of inappropriately creating new clinical entities in the context of COVID-19⁶⁷. It has been hypothesized before the advent of COVID-19 that KD could be induced by RNA viruses in genetically susceptible hosts. It is also possible we are seeing SARS-CoV-2 induced KD complicated by KDSS in MIS-C as a result of antibody-dependent enhancement activation of mast cells.

Conflict of Interest

The authors have indicated they have no potential conflicts of interest to disclose.

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